

## Employing the bagua map in tourist resorts for contemplative silence

**Assist.Prof. Dr. Heba IBRAHEM Sayed Ali**

Associate Professor at the College of Designs and Arts, Taibah University

[hmm\\_275@yahoo.com](mailto:hmm_275@yahoo.com)

**Researcher. Maryia Khaled Gamal Suliman**

Bachelor of Interior Design Taibah University

[tu4152422@taibahu.edu.sa](mailto:tu4152422@taibahu.edu.sa)

### Summary:

The contemplative life towards nature begins when you take the first step towards contemplative silence, which brings tranquility, tranquility, and inner peace within a person. It is important to provide the appropriate and prepared place by designing resorts filled with tranquility and peace to be suitable for a person to begin his journey towards contemplative silence... and this journey and experience takes the person enters the inner realm, and this experience does not begin until the person is going through a crisis, a psychological shock, or even a desire for a deeper inner connection with himself. To engage in this experience, the place must be in a state of complete relaxation and calm. There is a study by some Chinese designers, namely (Feng Shui), in which they talk about (the Bagua map). This map increases the energy of relaxation in the place. It is a map that includes nine axes in their integration and correct distribution in the spaces. This map helps in distributing the spaces in the building and distributing furniture and materials to attract energy. Positiveness in the place and is linked to every aspect of our lives. This research deals with the study of the bagua map, the concept of contemplative silence, and the design standards for tourist resorts. The third part of the research dealt with an analytical study of models of tourist resorts to achieve this study through designing spaces for contemplative silence resorts as a design model in the Umluj area. In the Kingdom of Saudi Arabia, the reception space was designed, the swimming pool area was designed, and a yoga hall was also designed.

The researcher reached results, the most important of which is that employing the bagua in interior design helps improve the positive energy of the place when used correctly. She also found that interior design is important in studying some problems and psychological pressures and how to find design solutions to achieve psychological comfort for members of society, and it was the most important. Recommendations are to develop design methods for tourist resorts that are consistent with the criteria for achieving an experience of meditative silence.

### Keywords

silent retreat - feng shui - Bagua map ,Interior Design, Tourist resorts