

The role of interior design for teenage rooms in helping them overcome that age stage with internal and external psychological influences

Dr. Mona Sayed Othman Badr

Lecturer, Department of Decoration and Interior Architecture - Higher Institute of Applied Arts - Sixth of October

mona83art@gmail.com

Abstract:

The design of the residential building is always related to the reality of the society in which the individual lives, as well as to its requirements, needs and available material resources. The importance of the house no longer lies in being a shelter only, but rather its importance has increased and it has become necessary for this house to meet the needs of the whole family, which is almost not without the presence of a teenager among its members.

The challenge of achieving peace and inner happiness for the teenager is becoming more and more difficult day by day, as the many demands of life, its high speed, the lack of full understanding of its laws, and the confusion with the wrong ideas and legacies have affected; His deep understanding of things.

From here comes the role of interior design in creating the residential space for the adolescent, not only by satisfying his physiological needs on which the practice of daily activities depends, but also extends to achieving psychological needs, which in turn works to enhance his positive emotions, and promoting positive emotions inside the house is one of the priorities of life. Contemporary, modern teenager is surrounded by many psychological pressures resulting from the difficulties of life, this is what makes him strive to achieve a safe and calm environment in his home.

Keywords

The interior design of the residential building, the design of bedrooms, the adolescence stage, the psychological and physiological needs of the adolescent.