

## **Happiness theory as a mission to design interior space for Senior Subjective Well Being in elderly care homes**

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### **Abstract:**

The elderly are an integral part of the local and global community. The world is aging rapidly, which makes the issue of the aging of the world's population the most urgent issue raised globally; Because of the great impact that the aging of the world's population will have on the state of health, social services and economic growth, and on all aspects of life. For this reason, designers of nursing home spaces have to keep pace with the world, and take the approach of rebelling against the traditional design of nursing homes.

With the introduction of many concepts such as "active aging", the theory of happiness, the extent to which the internal spaces of the care homes meet the psychological and social requirements of the human being, the level of subjective well-being achieved by these spaces, and the relationship of the above with satisfaction about the quality of life by the elderly.

Hence, we wonder, can interior design and furniture provide the self-well-being of the elderly, and thus be a happy, active and productive person?

### **Keywords:**

Interior design, nursing homes, active aging