

# The psychological and expressive implications of The drug addicts dreams By drawings

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## **Abstract :**

Dreams are a kind of mental activity that happens in the brain during sleep, and it's different in detail and images from person to person, depending on the circumstances of his life, his social creation, his mental abilities, and his thoughts, where dreams include many visual images that reflect the previous day or events in human life, or events, or his aspirations. Dreams are therefore natural and healthy phenomena to maintain our mental capabilities with strength after the tense daily events that occur during vigilance.

The phenomenon of drug addiction is a phenomenon that has occupied many researchers in the world, given its gravity on all aspects of the life of the person and society, which threatens the ingredients of any society and its youth in the flower phase, leading to the fragmentation of families and societies in general. Addiction leads to some changes in the character of addiction, such as frustration, psychosocial disorders, which adversely affects the way it is compatible and adapted to the surrounding environment, so dreams are a means of venting and transmission of visual mental images.

Drawings are a fertile source of emotion to reflect and to highlight the needs of the individual and not to achieve them. Art reveals the consciousness of knowing past factors that have an influential role in the individual's personality. The person is making this balance between him and the environment through his or her breathing operations. This is because it gives the individual the opportunity to project his or her internal psychological components and self-perception, to breathe his or her emotions and to reflect his emotions through formal and visual symbols.

## **Keywords:**

psychological , Dreams , addicts ,Drawings