# Dialogue and the sensory relationship that exists between a person and the place he inhabits from the concept of feng shui Dr. Mahmoud Mohamad Al-Shahat Abdel-Metwally Lecturer, Department of Interior Design and Furniture - College of Applied Arts -**October 6 University**

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# **Research Summary Research introduction:**

Many people have many dreams, aspirations, and wishes. Who among us does not dream, imagine or wish for something with his imagination, we strive in this life to achieve our dreams and wishes. Among us are those who are frustrated and waiting for their dream to be fulfilled, and among us are those who work to achieve their desire towards them and attract them through their great internal energies and their limitless dreams. Our home is our environment, and it is our daily refuge from the troubles of life and the most places that reflect our personality and our way of life. Therefore, attention must be paid to it in its interior design, because it is our reflective mirror and the duality of place and man, and the energies it carries that is capable of being affected and influenced, through intimacy and attachment, from domination and siege, were They are human since ancient times. The need for security, strength and comfort opened the human mind towards innovation, and attention to the place (home, work) to achieve more luck, happiness and health in life. And the energy of space is nothing but a representation of the duality of man and place, and these two words represent air and water, the duality of heaven and earth, and the way in which a person adapts his surroundings to what is positively reflected on him in his becoming.

#### **Research problem:**

- The lack of dialogue and the sensory relationship that exists between the person and the place in which he lives and lives, and between the style of construction and interior cladding (interior design).

- Many people are ignorant of the relationship of the interior design of the void and its impact on the positive energy of the place and the psyche of the people living in it.

#### **Research goal:**

- Searching for new mechanisms to extract the energy and the magical and symbolic properties of the place and employ it inside the dwelling accurately to reach a better housing and thus a happier life.

#### **Research hypotheses:**

- Our home is our environment, and it is our daily refuge from the troubles of life, and the most places that reflect our personality and lifestyle. Therefore, attention must be paid to it in its interior design, because it is our reflective mirror and the duality of place and man, and the energies it carries with the ability to be affected and affected.

#### research importance:

- Participation in the finest art of space coordination and design of architectural forms to reach a better method of spatial production, visually, sensually, architecturally, and urbanly. Energy and its role in the interior design of the house and the person who inhabits it.

Realizing the dreams, aspirations, comfort and happiness of the human being inside the home through his great inner energies and his unlimited dreams.

# **Research Methodology:**

## Analytical method:

• Analyzing the main features of oriental art and its sciences, and following the philosophy of new thought for interior design with energy sciences.

• An applied analytical approach through analytical studies and benefiting from it in the application of energy science in the interior design of the space and its impact on the positive energy of the place and the psyche of the people coexisting in it, in order to discover its aesthetic energies. And the magical and symbolic characteristics of the place and its use within the dwelling accurately to reach a better housing and thus a happier life.

**The concept of energy:** It is known that the concept of energy is a spiritual concept, so it is called spiritual energy according to its language and beliefs, and according to the exercises that you practice in order for the energy to continue, as it is called qi energy, chi energy, or prana energy. And Muslims call it the blessing, and all these types or names carry the same concept of purity of the soul and heart in order to raise the level of energy in the soul and body, and the science of energy is very concerned with the methods of energy extraction.

#### The importance of energy

After we have learned about what is the science of energy, we must also know what is the importance of energy, as it is the basic element of life on this earth. The human body needs energy to do all its various activities such as running and walking. It is possible to obtain this energy by eating various drinks and different foods or by breathing, and this energy is used to make life go in a good way. It also considers the body's ability to accomplish a specific task or work. It is not possible to do any work without energy, no matter how easy and simple this work is. Even the cells of the human body use energy to perform their various tasks.

#### space energy

A person's resort to creating a comfortable place for him as a physical and emotional entity is achieved through his awareness of the energy of the place that helps him on the personal, family and professional health levels. Also, this science provides the means to find the appropriate place according to the personal preparations, psyches and feelings of individuals, whether it is an apartment, a building, or any site that is a natural incubator for its user. Feng Shui can achieve it for a person.

#### energy elements.

Each element of energy has a shape and color. Fire energy is red and its shape is a dynamic triangle that changes according to its flame. Bricks are an example of fire energy, as well as red bedspreads. We note that folding food towels in a triangle shape helps to secrete digestive juices, and we must mention that each element has a side of The four sides, and the energy of fire is south.

**1-Earth:** As for the graded soil, with its colors ranging from yellow to reddish brown and dark brown, it harmonizes through the gradation of its colors and vibrations with the color of fire red and the color of blue water, and its shape is square.

**2- Metal:** As for the metal in its white, silver and gold color, such as mirrors, pieces of silver, steel and copper, it is circular in shape and is widely available in various homes such as kitchen utensils, television, computers, various antiques, windows, doors, and so on.

**3-Water:** Water gradient from blue to black, its shape is variable and its optimum wave forms, which is energy (yin) and its rhythms follow the cycles of the moon. It symbolizes winter and its direction is north. It is represented in houses made of glass for its transparency, glass tables, sanitary ware in bathrooms and fountains, as well as in wavy lines in fabrics. It gives peace and tranquility. It achieves harmony and a feeling of unity with the surroundings, which connects all living things.

**4- The tree:** While the color of the energy of the wood (the tree) is green, which symbolizes life and growth, its shape is rectangular, and its young branches announce the beginning of a new life, its east side due to what the East entails by announcing a new day constantly. The tree represents perseverance and striving towards spiritual growth by directing it towards the light, and thus it removes all obstacles in front of it.

#### Ignore the energy in places.

# Feng shui is used to manipulate energy in 'places', from real estate to land, homes and roads. It depends on several factors, namely:

- The environment surrounding the site, the shape of the roads and their slopes, the climate, the neighboring properties.

The geometric shape of the building, and this is related to the five elements in Chinese philosophy, which are fire, wood, metal, earth and water. Each element is associated with a particular architecture.

The water element in which the building is corrugated, the balconies are circular, and the roof is dome-shaped... In short, everything in it indicates movement.

In the fiery element the surfaces are tiled or tapered, or the flats have many angles.

In the Earth element, the old school geometries are tangential, and Jessica points out that every academic site should use this geometry to have positive and good energy.

- The wooden element is for the towers in the form of a square and is high.

Interior design and take advantage of the positive energy inside the dwelling.

To live in a comfortable building, its element must be ground or wooden, that is, either square or rectangular, and we do not have many sharp corners in the interior design, the more corners we have in the apartments, the more we have an imbalance in energy lanes.

#### Interior design considerations with the concept of space energy:

There are feng shui rules for obtaining positive energy in the home, and we will present the most important ones in different parts of the home as follows:

**Entrance:** Make the front of the house (the entrance to the house) attractive. According to the law of Feng Shui, positive energy enters the house through the front door.

Furniture inside the house: Repair the broken pieces (furniture, doors, windows) and get rid of everything that cannot be repaired. Avoid furniture with sharp parts and be in proportion to the proportions and sizes of the bedding in the space.

**The bedroom:** It needs calm, which means providing it with the (yin) energy. As for the study rooms and children's rooms, they need the (yang) energy due to the need for vitality,

activity and motivation, which applies to the work site, which also needs vitality and innovation, which means providing it with the (yang) energy. Effective yang) is more than yin, which is why we need to provide it with more illumination and clarity in the distribution of things

The bedroom and the bed in particular are of great importance in the science of feng shui, and it takes into account the following when designing the room: One of the biggest mistakes is placing the bed in a narrow angle, so that one side of the bed is adjacent to the wall, but the ideal position for your bed is preferably diagonally from the door so that it is free From the sides to allow the flow of energy all the time and to have a wall behind it.

**The living room:** We are not only keen on the aesthetic form, but we must create a comfortable space in terms of choosing calm colors, appropriate ventilation, and distributed lighting in a way that serves all corners of the room without affecting the eye because this works to alienate the place.

**The salon in general:** Its colors should be joyful and light, which shows that if the apartment has "yin" energy, that is, non-moving energy, as if it does not overlook natural light, then staying in it causes fatigue and negatively affects the psyche and mood, and makes the resident feel sad, unproductive and permanently inclined. To sleep.

**The kitchen:** The location of the kitchen is very necessary in science and needs focus when making its plan. The kitchen must be at the end of the house in the eastern or western sector of the house, because it is called the house of fire. Also, the location of the stove is determined between the faucet and the appliances to extinguish the negative energy coming out of making the fire.

**Mirrors in the home:** In the world of Feng Shui, mirrors reflect positive energy, and thus this energy is multiplied by its presence in the house.

**Corridors:** In the science of space energy, the corridors are considered a very precise matter as they are arteries that move energy in the house, so it is necessary to make sure of several points, the most important of which are: The corridor should not start with the main door of the house and end with another door, balcony or window, as this will reduce the amount of energy inside the house. Avoid long corridors that end with a wall or frame, but it is preferable that the end of it be a room door.

**Stairs:** The stairs directly opposite the entrance door must be avoided so that the feng shui energy does not rush quickly to the lower or upper floor and this leaves the main floor without a good supply of energy as it shoots away.

Separation of the work area from the rest area: if work is mixed with rest, relaxation will be impossible in the living room, and it will prevent a good night's rest in the room

#### Use an element of water at home:

Placing the colors that represent the five different elements of Feng Shui:

The wood element is represented by shades of greenish-brown.

The element of fire is represented by shades of red and some shades of yellow.

The metal element is represented in white, gray and metallic colors.

The water element is represented in shades of blue and black.



Earth is represented by orange, beige and some shades of yellow.

It is taken into account when choosing the color of the room that it is consistent with all the elements in the room and that all the elements must harmonize together

Each of these elements is associated with a group of colors (red - orange - green - blue - black) that express and symbolize it and support feelings of happiness and joy in your home and support success in general.

It is possible to rely on a certain color in the room as it has an impact on the individual's behavior and thinking style.

You can choose the colors that best suit your goals, hopes, and desires in this life.

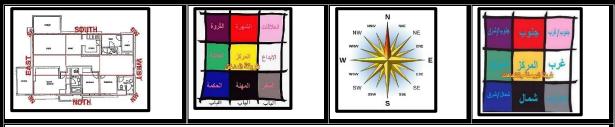
Relationship of gradations to the elements of the energy of place:

#### Lighting and its role in the energy of the place:

The principles of Feng Shui are all based on connection with nature, so without any doubt, natural light plays a huge role in creating positive energies in the home. Open the windows of the house and choose any form of lighting that suits you and provides good lighting for the house and the use of warm lighting in the bedrooms and living rooms, in contrast to the reception and work rooms, we use white lighting.



# Distribution of power according to geographical direction.



Geographical directions of the energy of place, state and element

# The most important simple points that if we follow, we will get rid of negativity in our home and turn those things into positive points that make it a loving and comfortable environment: -

**First:** the cleanliness of the house: we must maintain the cleanliness of the house.. the floors and their reflection. The dust and its non-accumulation, in addition to paying attention to cleaning the details of some wooden pieces, storage doors and windows, in addition to polishing the glass, which makes the sense of cleanliness very comfortable.

**Second:** Scents and fresheners: It is nice to adopt one or two ways to perfume the house, through incense or air fresheners that carry beautiful smells such as the spirit of summer and the spirit of wild perfumes or citruses. And it smells beautiful, and it is a volatile and not oily substance.

**Third:** Caring for the design of the house: It is nice for the house to have a certain style or spirit, and that style is you who define it through your personality and desire. style.

**Fourth:** Studying the location and direction of the furniture: Some people are ignorant that furniture and its distribution in the house has important repercussions and affects the efficiency of the jobs that it seeks to achieve on a daily basis, for example, the direction of the office with sunrise and sunset and adequate lighting where the family is located.

**Fifth:** The presence of mirrors: It is nice that the house is not devoid of mirrors in the interior design, as they are a very important piece, and the use of such a distinctive and beautiful element in the interior decoration of the house is mortal, it brings positive energy easily, and it is not only a reflection of the void, but it causes a visual expansion and reflects the light scattered in the place The lighting doubles in a cheerful way

**Sixth:** plants in the house. What if we care about the presence of natural plants in the interior design of the house, as they differ from the manufactured one, change, grow, bloom, and change color from one season to another, making them lively and adding a beautiful atmosphere in the house, and through energy science, experts have proven that plants give positive energy not because they sterilize the climate Its surroundings form a kind of link between you and nature with its attractive and charming color. Plants have a beautiful ability to integrate with any type of decoration, but you have to choose plants and flowers that broadcast fresh air. You must also take care of them in terms of cleaning, turning their soil and frying the limbs withered;

**Seventh:** Arranging the house and purposes:

One of our bad habits is that we sometimes store some things that we may not need and think that we want them, which causes a disruption in our comfort at home, and if we sometimes do not realize this, with every piece we store, it takes up useless space, we bring negative energy to our home, so it is better to allocate At least a day every two weeks or a month to get rid of the things we don't need or move them to an external warehouse or garage.

**Eighth:** Creating an air current in the house: Opening windows may be a part of the house cleaning routine to get rid of dust and germs, but some experts in interior design have another perspective, which is that opening windows is a daily necessity for a healthy ventilation process for both the body and soul, and this matter is increasing Important in our time where we are not exposed to nature and fresh air on a permanent basis.

With these points you can begin to create a more harmonious and prosperous home.

This ancient art has helped millions of people around the world to organize their lives and promote calm and well-being. Although there is a lot to learn with the rules of feng shui, it turns out that these are the first basic steps everyone can take to start making a difference in their lives.

## **Results:**

1- Space energy is a system that depends on the flow of heavenly energy and light through your home and the surrounding environment, and it differs from traditional design and engineering systems that are only concerned with beautiful appearance, so it depicts the relationship of the universe with man through this light and flood. 2- The relationship of interior design and activating the energy of the place aims to achieve balance and harmony between the cosmic elements on the basis of the geographical directions of the place and its location in the surrounding environment.

3- Reaching the main goal of the practice of feng shui for the energy of the place at the present time is to place the built environment with its internal design by the human being in the correct location characterized by positive energy, which is called (chi).

4- Achieving comfort and happiness for the human being inside the home through his great internal energies and dreams that are boundless, and through how to take advantage of the energy of the place and ways to activate it in the interior design of the house in which he lives.5- After the study and analysis, mechanisms, standards and steps were reached for the interior design of the dwelling with a sensory relationship and a permanent dialogue with the human being, through activating the energy of the place.

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