

An Implementation of Colour Therapy in COVID-19

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Abstract:

Coronaviruses are viruses causing problems for humans and animals a long time ago, it is one of the contagious diseases causing respiratory infection. Most people infected with the COVID-19 virus will experience gentle to moderate respiratory ailment and get well without requiring special treatment, people with symptoms of difficulty in breathing or pain/pressure in the chest need to be hospitalized, there are no medicines that have been shown to prevent or cure the disease, but certain medical options are shown to comfort and relieve symptoms of mild COVID-19. As the disease is a physical appearance of imbalances deep in our energy system, our physical body explains the energy distortions in the form of pain and illness.

In this research, we are focusing on applying light and colour therapy to rebalance the energy in the areas of our bodies that are lacking vibrancy in case of people diagnosed with COVID 19. We are trying to help the patient to heal faster, reduce the symptoms of COVID 19, reduce the time required to stay in the hospital via boosting the immune system and increase efficiency of lungs.

Keywords:

Coronaviruses, Colour therapy, COVID-19, Colour puncture, Chromotherapy, Colour irradiation, Respiratory infection.