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Universitydes.sherifsokar@gmail.com**- Abstract:**

The scientific and technological development taking place in the world now casts a shadow on how cities are managed and their ability to absorb the growing population density, whether resident or reluctant and provide the required services, in addition to its ability to meet the needs of these numbers now or in the future. The situation does not stop at this point, but with this continuous development, research and theories of modern urban planning have emerged in the planning, coordination and beautification of cities, in order to achieve the highest productivity and level of luxury and satisfaction during use with high quality. One of the most recent theories is the city's active philosophy, which is still growing because it is a very modern theory in appearance, it is a theory with basic principles and standards...

- 1 - The design should be in the first place for man and meet his needs.
2. Use available resources.
3. Physical activity in its various forms shall be a priority in everything.
4. Develop development and sustainability plans.

It is a philosophy implemented by a number of parties, official (state institutions) and informal (companies, private institutions and volunteerism). This philosophy is based on the integration of forms of physical activity in all forms in the daily life of the user as well as promoting public transport programs as an alternative to personal cars, This theory aims to increase the period of physical activity for 30 minutes or more per day to raise the level of health, physical and psychological to the citizen in addition to reducing the rates of infection diseases as well as reduce the symptoms of obesity, heart disease and high blood pressure . These efforts help to raise the efficiency of the city on the level of health, economic and social and the state as a whole. A number of countries adopted these ideas and introduced the applications of that philosophy into their current and future programs. These experiments were not completed but showed positive indicators of the idea.

- Keywords:

landscape Design - Environmental design - Environmental cities - Active cities.